



# PE Newsletter

Term 4 2025

**Prep and Year 1/2** will be participating in water safety and awareness at the Gracemere pool as part of the Department of Education's curriculum.

**Prep** will explore the elements of movement (speed, level and shape) and perform movement in response to music while using different pieces of equipment.

**Year 1/2** will perform movement sequences that incorporate the elements of movement and music.

**Year 3/4** will work collaboratively with others to design, create and then perform a movement sequence using movement skills (effort, time, space) to music in the style of Aerobics.

**Year 5/6** will work collaboratively with others to design, create and then perform a movement sequence using movement skills (effort, time, space) to music in the style of Line Dance.