

PE Newsletter

Term 1 2025

Prep will explore the elements of fundamental movement skills of running, hopping, jumping and galloping through active participation in activities, games.

Year 1/2 will demonstrate the elements of fundamental movement skills in a variety of movement sequences and situations and test alternatives to solve movement challenges.

Year 3/4 students develop the fundamental movement skills of running, jumping and throwing.

Year 4/5 and 5/6 participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing

Year 3/4, 4/5 and Year 5/6 will be participating in water safety and learn to swim lessons at the Gracemere pool as part of the Department of Education's curriculum.